

# Potions

You need to consider the presentation of your work, and it needs to be in your own words.

This work can be shared with the class when we return to school.

Research and create a character profile of Vortigern. Who was he? When did he rule Britain? What did he do as a ruler?



The Anglo-Saxons believed in supernatural creatures such as: elves, dwarves and giants. Design your own supernatural creature.

Many of the names of towns and villages in Britain have come from the Anglo-Saxons. Use a map to make a list of the different places that have the endings: -ham, -ford and -worth. What do these endings mean?

Research and create a historical guide leaflet about one of the following important buildings in Christianity for the Anglo-Saxons and Scots: Canterbury Cathedral, Iona Abbey or Lindisfarne Priory. Include pictures and information in your guide.

Research and design your own Anglo-Saxon village. Label the features of your village. What is the land used for? Where is the village built and why there in particular? What are the houses made from?

Use Saxon runes (letters) to write your own messages for a friend or family member. Can you write your name?

Make your own Anglo-Saxon helmet.



Have your own Anglo-Saxon feast! Research the different foods that the Anglo-Saxons would have eaten and try them for yourself. Take photos of the feast.

Research and create your own quiz about the Anglo-Saxon pagan religion and the gods they worshipped. You could present this as a list of questions or a set of quiz cards. Include the answers to your quiz.

Find out about potions created by Anglo-Saxons, such as the 'Infections Potion' from Bald's Leechbook. Create your own potion and write the recipe with instructions.