

Safeguarding Newsletter

Summer 2019 edition



Dear Parent Carer

Welcome to the Summer Safeguarding Newsletter Here at St Francis we take safeguarding very seriously want to work together with parents carers and families to help to keep all the children here at St Francis safe Please do not be offended if we seem to be asking questions we are doing our job and adhering to our Duty of Care in making sure

Internet Legends

The Internet is an integral part of our lives, we have it at the tips of our fingers. Our children are growing up in a world which relies heavily on the internet and the information it provides.

At St Francis, we aim to give our children the knowledge and respect to stay safe online.

The Internet Legends team lead an assembly for our KS2 children on Friday 12th July; Darcie said it was a good way to learn how to be safe Online; Bradley and Tyler remembered how you need to think before you press 'send' or give out information; Mia recalled how you need to look for the 'padlock' in the address bar and Callum liked how he could play the 'Internet Legend Game' at home and share his lesson with his parents.



**Be
Internet
Legends.**

Some Useful websites

The information on the following websites will help you and your children to stay safe online. Please monitor your children's internet usage.

Social networking safety

Help and advice to manage your account settings to ensure privacy and to report any problems.

Facebook: <https://www.facebook.com/help/safety>

Instagram: <https://help.instagram.com/>

Twitter: <https://support.twitter.com/articles/76036-safety-keeping-your-account-secure>

Youtube: <http://www.youtube.com/yt/policyandsafety/?rd=1>

CEOP (Child Exploitation and Online Protection) - Help and advice for parents/carers and young people. Make a report to CEOP.

<http://ceop.police.uk/>

<https://www.thinkuknow.co.uk/>

UK Safer Internet Centre - Help and advice for parents/carers and young people.

<http://www.saferinternet.org.uk/advice-and-resources>

The Parent Zone - Digital Parenting magazine and articles.

<http://www.theparentzone.co.uk/parent>

http://www.theparentzone.co.uk/parent/information/digital_parenting



At St Francis, we aim to keep our children safe, to empower them with skills and knowledge that will lessen the likelihood of them becoming victims of childhood abuse. By using a variety of colourful resources and a child friendly approach we can make a difference and help to keep our children safe from harm.

Please share these posters with your children and help them identify their trusted adults.

Kids! DID YOU KNOW...?



1
Everyone has the right to feel safe all of the time! If you don't feel safe, talk to a trusted adult about why you feel unsafe.



2
We all have feelings and our feelings are always changing. If you ever feel worried, angry, sad or scared, talk to a trusted adult to help you manage and understand these feelings.



3
If doing something is hard for you, keep on trying. Always say to yourself, 'I can't do it YET but I'm going to keep trying.'



4
Every human on this planet is different but in all the BIG ways we are the same. We all have hopes and dreams, and we all have feelings.



5
Showing kindness, respect and empathy to everyone, including our planet, makes the world a more peaceful and compassionate place.



6
Everyone has the right to feel happy. If you are not feeling happy, talk to a trusted adult about what is worrying you.

As a child your job is to grow, learn, explore and have fun!
Adults have the job of making sure you are okay and keeping you safe.

My Body Safety Rules

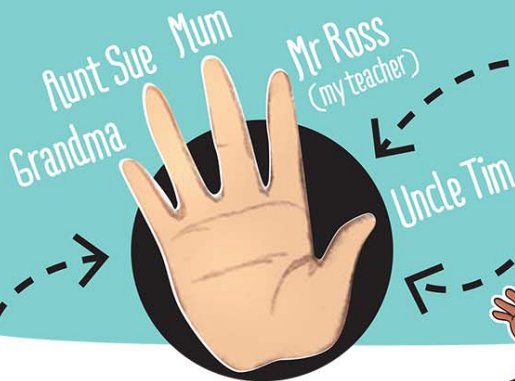
My body is my body and it belongs to me!

I can say, 'No!' if I don't want to kiss or hug someone.
I can give them a high five, shake their hand or blow them a kiss.
I am the boss of my body and what I say goes!



I have a Safety Network

These are five adults I trust. I can tell these people anything and they will believe me.
If I feel worried, scared or unsure, I can tell someone on my Safety Network how I am feeling and why I feel this way.



Early Warning Signs

If I feel frightened or unsafe
I may sweat a lot, get a sick tummy,
become shaky and my heart might
beat really fast.

These feelings are called my Early Warning Signs. If I feel this way about anything, I must tell an adult on my Safety Network straightaway.



Secrets

I should never keep secrets that make me feel bad or uncomfortable. If someone asks me to keep a secret that makes me feel bad or unsafe, I must tell an adult on my Safety Network straightaway!



Private Parts

My private parts are the parts of my body under my bathing suit. I always call my private parts by their correct names.
No one can touch my private parts.
No one can ask me to touch their private parts. And no one should show me pictures of private parts. If any of these things happen, I must tell a trusted adult on my Safety Network straightaway.



At St Francis we believe in nurturing the 'whole' of our children. Their emotional health and wellbeing influences their development and learning, as well as their physical and social health, and their mental wellbeing in adulthood. An emotionally healthy child is more resilient to the challenges they face in all areas of their lives. Following the five ways to wellbeing can have a positive impact on the whole family.



Summer is fast approaching! For more information and tips on how to keep your child safe over the Summer holidays, check out the following websites:

www.safenetwork.org.uk

www.nhs.uk/livewell/healthy_holidays

<http://www.nhs.uk/Livewell/Summerhealth/Pages/Summerhealthhome.aspx>

- Contact Social Care: During Office hours: 03005552866
- Emergency Duty team: 03005552836
- Contact Police: For urgent action: 999
- To report a crime: 101
- **Walsall Street Teams** - Specialist provider of CSE work with children, young people, parents and carers - <http://street-teams.org/> 01922 621208
- **SeeMe-HearMe**-West Midlands CSE Partnership website for further information and advice about CSE visit www.seeme-hearme.org.uk
- **Barnardo's**-For confidential help and advice call- 0121 359 5333
- **NSPCC** -Advice and support - call 0808 800 5000 or visit www.nspcc.org.uk

- **PACE**-Parents Against Child Sexual Exploitation - support for concerned families visit www.paceuk.info
- **Childline**-Visit childline.org.uk to have an online chat with a counsellor or call 0800 1111
- **National CSE Helpline**-A 24/7 helpline for people to call or text anonymously, call 116 000.
- **This is Abuse**-Information on abusive relationships for teenagers, visit www.thisisabuse.direct.gov.uk
- www.victimfocus.org.uk
- **ESAFETY ADVICE:**
- www.ceop.gov.uk
- www.iwf.org.uk
- www.internetmatters.org



Please continue to enjoy our Twitter feed @LittleStFrancis
 May I please remind you that your child must be 13+ to access this site. If we see any child in our school following us on our page, we will delete them.



St Francis Catholic Primary Safeguarding Team: Mrs Wright (Temp DSL),
 Miss Richards, Mr Turner & Mr Mulligan.